GUIDANCE FOR STAFF WHO BECOME UNWELL WITH POSSIBLE COVID-19 SYMPTOMS WHILE ON CAMPUS

If you feel unwell and have symptoms of COVID-19 you should stay at home, self-isolate and telephone your GP on the HSE (1850 24 1850)

In the event that you begin to feel unwell on campus, during your working day, and particularly if you experience symptoms associated with COVID 19 e.g. cough shortness of breath, breathing difficulties, fever or chills, loss or change to taste or smell, diarrhoea, you should take the following steps immediately: Isolate immediately where Isolate immediately where you are if possible, tel first you are if possible, tel first DO YOU HAVE A NO YES aid responder-LYIT: 074 91 aid responder-LYIT: 074 91 **CAR AND FEEL** 86007 / TCK: 074 91 86610 86007 / TCK: 074 91 86610 **WELL ENOUGH TO TRAVEL** HOME? They will assist you on accessing Wear a face mask. the isolation room. Wear a face mask. Keep a distance of a least 2 meters from others. Keep a distance of a least 2 meters Go directly home. from others. Avoid coming in contact with Avoid coming in contact with people and touching surfaces and people and touching surfaces objects where possible. and objects where possible. Avoid returning home by public Self-isolate and follow the transport if that is how you advice of your GP. travelled to work. If possible request that someone from your household collect you from work. Where a family member or friend Following Seeking Medical Advice. is not available to collect you, the College will call a taxi for you. If you are required to self-isolate then you Inform your manager or one of the HR should follow the HSE If you are advised by your GP that you team via phone, of the advice given & guidelines and keep are well enough to continue working provide details of who you have met and your manager/ HR then that is what you should do. where you have been over the working informed. day.

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Student Health Service